



# St Elizabeth Ann Seton Council 11187

## Memorial Day - 28 May 2018

600 Hill Road North,  
Pickerington, Ohio 43147

1 May 2018  
Volume 25, Issue 7

### Dear Brother Knights,

May is the *Month of Mary*. This special time started in the 13<sup>th</sup> century and becoming accepted custom in the 16<sup>th</sup> century for Christians to pray and honor Our Blessed Lady. During this time, whether in church or privately in your own space, we openly extend passionate prayers to the Blessed Virgin Mary.

I want to thank all the Brothers who helped make this year's Blue Coat dinner another huge success. It is also that time of the year for us Knights to thank our wife's for their love and support. Unfortunately this event had to rescheduled do to a conflict with Herrmann Hall; the new date is June 23<sup>rd</sup>. More information will be coming very soon.

The end of our fiscal year is in sight. As a Knight, ever wondered how we do all the things we do? Come to a business meeting and find out, your input is encouraged. Are you a second or third degree with a little time and an interest in learning more of the inner workings of your Council – become an officer. Each of us has an attribute that will benefit not only our brotherhood but many others throughout the church and community.

There are no special prayers or magic words that can be said to encourage one to take the first step. All I can ask of my fellow Brothers is: trust me. The accomplished and fulfilled satisfaction you get knowing you united with your brothers to accomplish a task or event is unmeasurable. You and I are united to one brotherhood - the Knights of Columbus. Together we will succeed!

If you have any interest please contact anyone of the current officers to answer questions. You may email or call, see the current list here: <http://www.kofc11187.com/Officers.htm>

Lastly, Brothers Frank H and Thom L will be delegates to this year's state convention. I ask you join me in praying they have a safe and enlightening trip.

Fraternally Yours in Christ,

*Michael Kohar,*

Grand Knight



### Memorial Day

It was formerly known as Decoration Day and commemorates all men and women who have died in military service for the United States.

The Council thanks and remembers all that have given the supreme sacrifice to make this the greatest country on this Earth!

### Dates to Remember

- 1 Officers Meeting
- 6 Knight's Mass
- 9 Business Meeting
- 16 Assembly Meeting
- 27 Squires Meeting

- 13 **Mother's Day**
- 28 **Memorial Day**

- 26-28 ~~Wives Appreciation Dinner~~ - Rescheduled  
**Convention Weekend**  
**Measure UP**

**KofC Council News**  
Serving Seton Parish and the Community

## Business Meeting Notes - April 11, 2018

Grand Knight Mike Kohar called the official meeting to order at 7:30 pm.

**Roll Call of Officers:** Missing were the Chaplain and 2<sup>nd</sup> Year Trustee, both were excused. Brother Wayne motioned to approve the minutes from last month's meeting, Brother Ralph 2<sup>nd</sup>. Voted upon and passed.

**Chaplains Report:** Absent, no report.

**Membership and Reading of Applications:** No applications.

**Grand Knight's Report:** Brother Mike mentioned that it was a hard week with Brother John Letourneau's passing, will need honor guard at his showing on 4/18/18. Thanked everyone for the successful Fish Fries. We will need a Lecturer with Brother Bud Joos passing, Richard Petersen would be interested in the new fraternal year. Has been trying to follow up with Jim McQuaide pertaining to the K of C sign out front. GK Mike will not be taking an officer role next year. The Council will be having open elections coming up.

**Treasurer Report:** Brother Dan reported that we have Capital Reserve fund of \$XXX, General Fund of \$XXX and total balance of \$XXX.

**Financial Secretary Report:** Brother Frank reported on the Fish Fries, income of \$XXX, expenses of \$XXX, net \$XXX. St. Patrick Dinner income \$XXX, expense \$XXX, net \$XXX. Expenses included \$XXX for cleaning the PAC following the Fish Fries, Mass Cards, and Easter Egg Hunt. Brother Wayne motioned to send the bills to the Trustees for payment, 2<sup>nd</sup> by Brother Shawn. Voted upon and passed.

Brother Frank reported we had two members transfer out and two transfer in.

**Report of the Trustees:** Brother Jesus is accepting nominations for Council officers for 2018/19, will be sending out an email. Will publish list in May and vote at the June meeting.

**Chancellors Report:** Brother Thom working on the Awards of the Year, due Friday. Will be attending the State Convention along with Brother Frank Hare.

**Report on Programs and Committees:**

**Membership Director:** Brother Shawn reported that as of 3/31/18, we had 276 members with 79 having insurance, cutting 29 members who were in arrears. He has signed up for a webinar on recruiting.

**Program Director:** Brother Richard thanked those who helped at the successful St. Patrick's Dinner. We served 205 guests and for a total of 220 in attendance. Will need volunteers for the Blue Coat Dinner on 4/20/18, bring your wife, cocktails start at 6 pm, has ordered the Eagle Awards, plan to serve 65. We are close on points for this fraternal year.

**Church Director:** Brother Wayne needs bar servers for the Teacher Appreciation Dinner on Sat. 4/14/18, and honor guard at the Blue Coat Dinner. We will be sponsoring Evan Jones from St. Mary's in Lancaster as our seminarian at the Josephine.

**Community Director:** Brother Thom is planning a \$175 gift certificate raffle to Carfagna's, tickets will be \$3 each or 2 for \$5. The Fish Fries were the best ever, special thanks to the Mothers Group for their desserts.

**Council Director:** Brother Jimmy, no report.

**Family Director:** Brother Richard stated both the St. Patrick's Dinner and the Easter Egg Hunt were great.

**Youth Director:** Brother Jesus mentioned the high school retreat.

**Squires Report:** Brother Justin reported that our Squires helped at the Fish Fries serving drinks, and with the cleanup, worked on the Easter Egg Hunt, had a Paint Ball outing. Carlos Rodriguez, former Squire, spoke to them about the Naval Academy. They plan a fund raiser by selling candy. State Convention is 6/8 to 6/10/18 at Ashland University. Need counselors, next meeting is 4/22/18.

**Right to Life Director:** Absent, no report.

**Committees:**

Need to set a date for the Wives Appreciation Dinner.

25<sup>th</sup> Anniversary Dinner will be Sat. evening, 10/20/18, after the 5 pm Mass, at Tall Timbers in Reynoldsburg

900 "He Is Risen" magnets were sold at the Chapter meeting  
Measure Up Campaign will be Sat., 5/5/18, from 9 to noon, need volunteers

Scholarship applications for children or grandchildren attending Catholic schools ends on 5/8/18.

**Unfinished Business:** Brother Mike Sillings had a motion on the table to spend \$XXX for a deposit at the Tall Timbers for the 25<sup>th</sup> Anniversary Dinner. 100 members had responded in favor, planning for 250, cost would be \$20 to \$25 per person. Motion passed.

**New Business:**

Brother Richard Petersen stated that Seton Parish's 40<sup>th</sup> anniversary will be celebrated on 7/1/18 with an outdoor Mass, games, volleyball, corn hole tournament, food, etc.

**MOTION:** Brother Frank made a motion to spend to sponsor a full-page ad for the State Convention. Brother Wayne 2<sup>nd</sup>, voted upon and passed.

**MOTION:** Brother Frank made a motion to spend \$XXX for two brothers and their wives for their State Convention registration. Brother Wayne 2<sup>nd</sup>, voted upon and passed.

**Report of the Fourth Degree:** Sir Knight Wayne reported next Assembly meeting will be 4/18/18 in the PAC, prime rib dinner. He also thanked those who attended the showing and funerals for Brother Knights who recently passed away. Will need help from all 3 councils with the honor guard for the upcoming 1<sup>st</sup> Communion on 4/28/18 at both Seton Parish and St. Piux X, Confirmation on 5/7/18 at Seton and 6/2/18 at St. John XXIII. New uniforms have been delayed until June 2020.

**Field Agent Report:** Absent, no report

**District Deputy Report:** Absent, no report.

**Brothers in Need:** Sandra Blamer, Carrie Ebert, Terry Joos, Deacon Greg Waybright, Joan Lucius, John Letourneau (RIP) and family, Maureen Patterson, Jim Patterson, Mary Loyd's brother, Avery Buchanan, Jeff Snapp, Mark Holko grandson (Jack) and Mike Croyle.

**Lecturer Report:** No report. RIP Brother Bud.

Grand Knight Mike Kohar officially closed the meeting at 9:00 pm. Next meeting is scheduled for May 9<sup>th</sup> at 7:30 pm.

*Vince Pulles,*

Recorder



## From one Brother to another...A Colorful Diet Maybe The Key To Good Health!

Remember in school, your teacher taught you the pyramid of foods to eat for a healthy diet? Well that pyramid has been recently found to be NOT as healthy for us as was once thought. Modern nutrition is now proving that less processed carbs, less sugar (white devil), less DIET products full of artificial sweeteners, more organic vegetables, more grass fed beef /pork/poultry, more high quality cooking oils (like extra virgin olive oils), more REAL organic eggs and butter are helping to keep our bodies healthy.

Now it's not enough to just eat 4-8 servings of fruits and veggies a day but Dr. Daniel Nadeau, author of *The Color Code: A Revolutionary Eating Plan for Optimum Health*, recommends that we eat a variety of foods from four basic color groups: **Red, Blue-Purple, Orange-Yellow, And Green.** Each of these foods contains phytochemicals (pigments which give plants their bright colors) that help guard against chronic diseases like diabetes, heart disease and even cancer.

**Carotenoid substances are found in deep green and orange vegetables and fruits**, like broccoli, carrots and cantaloupe, kale, spinach and other cooked greens), alpha-carotene (in carrots and pumpkin) and beta-cryptoxanthin (in oranges, peaches and papayas).

**From the red group**, strawberries, cranberries, cherries, red grapes, beets and red peppers are powerful sources of antioxidants. They also contain a large amount of Vitamin C and ellagic acid. Ellagic acid destroys carcinogenic substances and makes cancerous cells self-destruct. Cranberries fight ulcers and cherries reduce inflammation.

**Foods in the orange-yellow group** such as oranges, grapefruits and other fruits with citrus peel reduce skin cancer risk and carrots are one of the top cancer fighting foods.

**Green vegetables** like avocados help to lower cholesterol and spinach protects the eyes from cataracts.

**Blue foods** reduce stress and help eliminate free radicals. Blueberries may improve memory and grape juice stops plaque formation in the blood vessels, keeps arteries elastic and inhibits clot formation.

More to come next month!

Submitted by

*Francis Wilamosky*, DC

## Culture of Life: Columbus Right to Life *Supporting Life From Conception Until Natural Death*

Recently a woman who just moved to the Columbus area wanted to find an Ob/Gyn doctor for her routine checkups. She is a pro-life Catholic so she went to our local Catholic Mt. Carmel hospital's website and searched their doctor directory for Ob/Gyn doctors. Not knowing anything about the local doctors, she picked Dr. Karl Schaeffer, called for an appointment, and went to the address of his practice. When she got there she was dismayed to find she was at Founder's abortion clinic. She could not understand why a Catholic hospital would refer people to an abortion clinic.

She contacted Greater Columbus Right to Life, which agreed with her. After contacting Mt. Carmel, Beth Vanderkooi, the Executive Director of GCRTL, met with several people at Mt. Carmel but they would not remove Dr. Schaeffer or his partner at Founders, Dr. Blank, from their doctor's directory. Beth then started a petition to have them removed and sent it to GCRTL members and friends.

**ALL KNIGHTS TAKE ACTION NOW!** Sign the petition on the GCRTL website [www.gcrtl.org/mtcarmel.html](http://www.gcrtl.org/mtcarmel.html) to remove abortion doctors from Mt. Carmel physician listings.

While you are on the GCRTL website, register to attend their annual banquet at Villa Milano on June 11 at 6:00 pm. The banquet is free but you will be asked to donate to GCRTL. Anyone who has attended a function at Villa Milano knows they do a great job with wonderful food, so you will have a great time.

The real reason to attend, aside from supporting a great organization, is to hear their keynote speaker: Obianuju Ekeocha. Uju, as her friends call her, spoke at the Columbus Women's Convention in February and was very well received. From Nigeria, she is the founder of Culture of Life Africa, an organization dedicated to defending the sanctity and the dignity of human life.

EWTN radio personality Teresa Tomeo said: "Despite what seem to be insurmountable odds, Obianuju Ekeocha is fighting fire with science, facts, and tremendous faith, while serving as an example for the entire pro-life movement." Best-selling author Eric Metaxas said: "That one brave eloquent African woman is drawing attention to this battle for the soul of her continent is a cause for celebration. May we all join her in this fight for true freedom..."

When you sign up for the banquet, please let me know you are going and I will make sure you are seated at the Seton table.

*Edd Chinnock*

Culture of Life Chairman

### For more information on Pro-Life Activities

Email us at [prolife@usccb.org](mailto:prolife@usccb.org)  
Pro-Life Activities  
3211 4th Street, N.E.,  
Washington DC 20017-1194  
(202) 541-3000

## ELECTIONS

Yes it is that time of year again. The Trustees will be accepting nominations for the 2018/19 Council year. If you are a 3rd degree Knight and interested in leading the council during the year, now is the time to take action. The duties of each office are included in the newsletter.

### Officer Nominations

<b>Grand Knight:</b>	Frank Hare
<b>Deputy Grand Knight:</b>	Thom Laughery
<b>Chancellor:</b>	
<b>Advocate:</b>	
<b>Financial Secretary:*</b>	
<b>Treasure:</b>	Dan Murphy
<b>Recorder:</b>	Vince Pulles
<b>Warden:</b>	Rick Schlachter
<b>Inside Guard:</b>	Mike Yost
<b>Outside Guard:</b>	Jason McCleary
<b>3<sup>rd</sup> Year Trustee:</b>	Wayne Patterson
<b>2<sup>nd</sup> Year Trustee:</b>	Jesus Garcia
<b>1<sup>st</sup> Year Trustee:</b>	George Schneider

\*Appointed

All Officer positions, with the exception on the Financial Secretary, are open to nomination. The official nominations will be during the May business meeting, but any nomination can be sent to the trustees at [trustees@kofc11187.com](mailto:trustees@kofc11187.com) prior to meeting.

*Mike Sillings*

*George Schneider*

*Jesus Garcia*

Trustees

## Council Officer Duties

Gentlemen, the time has come for our election of officer's for the next fraternal year. Many ask at this time, of the duties of the positions. These are listed here below for your consideration.

Not included here, Financial Secretary and Lecturer, are appointed by either the Grand Knight or Supreme.

For any of you who wish to eventually attain the position of Grand Knight, a good practice (but, not a requirement) is to hold all offices.

This aids you in directing your officers once in the top spot.

**Grand Knight:** The Grand Knight is responsible for the welfare of the council. He presides over council meetings, acts as an ex-officio member of all committees, appoints a membership and programming director, convenes officers for a monthly meeting, and ensures all necessary reports are submitted to the state and Supreme Council. He should also be aware of the council's financial status and ensure that his signature appears on all checks drawn. The Grand Knight is a member of the Advisory Board with general supervision of the council's Columbian Squire circle.

**Deputy Grand Knight:** The Deputy Grand Knight is second in command. He assists the Grand Knight with council affairs and fulfills all duties assigned to him by the Grand Knight. Should the Grand Knight be absent from a council meeting, the Deputy Grand Knight presides. He is chairman of the council's retention committee and also a member of the Advisory Board charged with overseeing the council's sponsored Columbian Squires circle.

**Chancellor:** The Chancellor has a variety of responsibilities. Primarily, he assists the Grand Knight and the Deputy Grand Knight in the execution of their duties and oversees the council in both their absences. He is charged with strengthening the members' interests in council activities. The Chancellor is chairman of the admission committee and a member of the Columbian Squires circle ceremonial team.

**Recorder:** The Recorder is similar to a court reporter or a secretary. He is responsible for maintaining a true record of all actions of the council and its correspondence.

**Treasurer:** The Treasurer is responsible for the safekeeping and maintaining records of all council funds and accounts. He is responsible for depositing money into the council's accounts and provides a certificate of such monies to the Grand Knight. He is also responsible for payment of all expenses.

**Advocate:** The Advocate is the legal representative of the council and serves as the council's attorney at trials and investigations of any interest to the council. While he does not need to be a member of the legal profession, he should be familiar with the council by-laws, the Order's Charter, Constitution and Laws, Methods of Conducting a Council Meeting, and Robert's Rules of Order.

**Warden:** The Warden is the 'watchdog' for council property and degree paraphernalia, except the property of the financial secretary, treasurer and recorder. He is also responsible for setting up the council chambers for meetings and ceremonial work. During ceremonial exemplifications, he will appoint and supervise guards.

**Inside/Outside Guards:** The Guards have similar responsibilities, but distinct differences. The Outside Guard tends to the outer door admitting visitors and members to the inner door. Once at the inner door, the Inside Guard checks to make sure that their membership cards are current.

**Board of Trustees:** The Board of Trustees consists of three members elected by the council and the Grand Knight, who serves as chairman of the board. They oversee the work of the Financial Secretary and Treasurer, and with the Deputy Grand Knight serve on the council's retention committee. During council elections, only the Three-year Trustee is voted on, with the others moving on to become two and one-year trustees, respectively.

If you have any questions, please contact any of the current officers.

# 2017/2018 Council 11187 Calendar (Tentative)

## July

- 2 Knight's Mass
- 11 Officers Meeting
- 12 Business Meeting
- 19 Assembly Meeting\*
- 23 Squires Meeting

**4 Independence Day**

## October

- 1 Knight's Mass
- 3 Officers Meeting
- 11 Business Meeting
- 18 Assembly Meeting\*
- 22 Squires Meeting

**9 Columbus Day**  
**12 Council Anniversary**

- 15 1st Pancake Breakfast**
- 28 Family Fun Festival**
- 29 2nd/3rd Degree**

## January

- 2 Officers Meeting
- 7 Knight's Mass
- 10 Business Meeting
- 17 Assembly Meeting
- 28 Squires Meeting

**1 New Year's Day**  
**15 MLK Birthday**

**21 4th Pancake Breakfast\***

**Free Throw Contest**

## April

- 3 Officers Meeting
- 8 Knight's Mass
- 11 Business Meeting
- 18 Assembly Meeting
- 22 Squires Meeting

**15 Tax Day**

**1 Easter**

**20 Blue Coats Dinner**

## August

- 1 Officers Meeting
- 6 Knight's Mass
- 9 Business Meeting
- 16 Assembly Meeting\*
- 27 Squires Meeting

**School Starts**

**Seton Open**

## November

- 5 Knight's Mass
- 7 Officers Meeting
- 8 Business Meeting
- 15 Assembly Meeting\*
- 26 Squires Meeting

**11 Veterans Day**  
**23 Thanksgiving**

**19 2nd Pancake Breakfast**

## February

- 4 Knight's Mass
- 7 Officers Meeting
- 14 Business Meeting
- 21 Assembly Meeting
- 25 Squires Meeting

**14 Valentine's Day**  
**19 President's Day**

**14 Ash Wednesday**

- 16 1st Fish Fry**
- 23 2nd Fish Fry**

**3 Dodge Ball Tournament**

## May

- 1 Officers Meeting
- 6 Knight's Mass
- 9 Business Meeting
- 16 Assembly Meeting
- 27 Squires Meeting

**13 Mother's Day**  
**28 Memorial Day**

**12 Wives Appreciation Dinner**  
**26-28 Convention Weekend**  
**Measure UP**

## September

- 3 Knight's Mass
- 5 Officers Meeting
- 13 Business Meeting
- 20 Assembly Meeting\*
- 24 Squires Meeting

**4 Labor Day**

**4 Labor Day Parade**  
**15-17 Seton Festival**  
**17 Car Show**

## December

- 3 Knight's Mass
- 5 Officers Meeting
- 13 Business Meeting
- 20 Assembly Meeting\*
- TBD Squires Meeting

**25 Christmas Day**  
**31 New Year's Eve**

**10 3rd Pancake Breakfast**

## March

- 4 Knight's Mass
- 6 Officers Meeting
- 14 Business Meeting
- 21 Assembly Meeting
- 25 Squires Meeting

- 2 3rd Fish Fry**
- 9 4th Fish Fry**
- 16 5th Fish Fry**
- 17 St Patty's Party**
- 23 6th Fish Fry**

**25 Palm Sunday**  
**29 Holy Thursday**     **Triduum**  
**30 Good Friday**  
**31 Easter Vigil**

## June

- 3 Knight's Mass
- 5 Officers Meeting
- 13 Business Meeting
- 20 Assembly Meeting
- Squires Meeting

**14 Flag Day**  
**17 Father's Day**

**May 2018**

- 1 Knight's Mass: 9:30 am
- 6 Officers Meeting: 7:30 pm
- 9 Business Meeting: 7:30 pm/Rosary at 7:00 pm
- 16 Assembly Meeting: 6:30 Social/7:30 Meeting
- 27 Squires Meeting: 12:30 pm

- 13 **Mother's Day**
- 28 **Memorial Day**

~~42 Wives Appreciation Dinner~~ - RESCHEDULED  
 26-28 **Convention Weekend**  
 Measure UP

**June 2018**

- 3 Knight's Mass: 9:30 am
- 5 Officers Meeting: 7:30 pm
- 16 Business Meeting: 7:30 pm/Rosary at 7:00 pm
- 20 Assembly Meeting: 6:30 Social/7:30 Meeting
- Squires Meeting: 12:30 pm

- 14 **Flag Day**
- 17 **Father's Day**

Comments or Articles  
 Jesus Garcia  
 Phone: (614) 577-9016  
 Email: jvlag3@ameritech.net

Articles due by the 25th  
 of each month



**2016/17 Council Officers**

Chaplain	chaplain@kofc11187.com
<b>Fr. Jim Klima</b>	<b>(614) 833-0482</b>
Grand Knight	grandknight@kofc11187.com
<b>Michael Kohar</b>	<b>((740) 601-3232</b>
Deputy Grand Knight	deputygrandknight@kofc11187.com
<b>Jimmy Smithberger</b>	<b>(740) 862-4052</b>
Chancellor	chancellor@kofc11187.com
<b>Thom Laughery</b>	<b>(614) 837-3623</b>
Advocate	advocate@kofc11187.com
<b>Ralph Blamer PGK, PFN</b>	<b>(614) 432-6310</b>
Financial Secretary	financialsecretary@kofc11187.com
<b>Frank Hare</b>	<b>(740) 964-3580</b>
Treasurer	treasurer@kofc11187.com
<b>Dan Murphy</b>	<b>(614) 860-9488</b>
Recorder	recorder@kofc11187.com
<b>Vince Pulles</b>	<b>(614) 321-4395</b>
Warden	warden@kofc11187.com
<b>Gene Ebert</b>	<b>(614) 833-9643</b>
Inside Guard	insideguard@kofc11187.com
<b>Mike Yost</b>	<b>(614) 562-3798</b>
Outside Guard	outsideguard@kofc11187.com
<b>Jason McCarley</b>	<b>(614) 759-1705</b>
3 Year Trustee	trustees@kofc11187.com
<b>Mike Sillings, PGK</b>	<b>(614) 920-4102</b>
2 Year Trustee	
<b>George Schneider, PGK, PFN</b>	<b>(614) 579-9246</b>
1 Year Trustee	
<b>Jesus Garcia, PGK, PFN</b>	<b>(614) 577-9016</b>
Lecturer	lecturer@kofc11187.com
<b>Francis "Bud" Joos, PGK</b>	<b>(614) 837-7211</b>
Membership	membership@kofc11187.com
<b>Shawn Roberts</b>	<b>(614) 397-5798</b>
Publicity	publicrelations@kofc11187.com
<b>Mike Sillings, PGK</b>	<b>(614) 920-4102</b>
Magnet Sales	
<b>Mark Newhouse</b>	<b>(614) 920-1632</b>
Measure UP	
<b>Francis Nappo</b>	<b>(719) 291-2966</b>
District Deputy	ugotme2@icloud.com
<b>Bill Merriman</b>	<b>(614) 397-5745</b>
Field Agent	michael.williams@kofc.org
<b>Michael Williams</b>	<b>(614) 452-0492</b>

**Prayer Corner**

Sandra Blamer, Carrie Ebert, Terry Joos, Deacon Greg Waybright, Joan Lucius, John Letourneau (RIP) and family, Maureen Patterson, Jim Patterson, Mary Lloyd's brother, Avery Buchanan, Jeff Snapp, Mark Holko grandson (Jack) and Mike Croyle.

We also pray for our first responders (Police and Fire), our Military and Our Priests and religious.