



St. Elizabeth Ann Seton Council 11187

www.kofc11187.com

2026 HAPPY NEW YEAR!!! 2026

600 Hill Road North,
Pickerington, Ohio 43147

1 January 2026
Volume 33 Issue 3

Dear Worthy Brothers,

Happy New Year!!

The Pancake Breakfasts are going strong. Next month Ash Wednesday is on Feb 18th, and our Fish Fries start Feb 20th. March brings our St Patty's Party on March 14th, the Easter Egg Hunt on March 28th, and Palm Sunday on March 29th. I am looking for a brother who would like to be more involved and be willing to run our St Patty's Party. The effort is fairly straight forward. If anyone is interested, please let me know.

Membership is going very well. Currently we have 297 members with at least another 3 new members coming in. Our next exemplification is on Sunday January 25th after the 11:30 mass. All of our members are welcome to attend these exemplifications. This Friday, January 16th we have our Card Knight in the Parish Activity Center (PAC) from 7-11 pm. If you like playing Euchre, or would like to learn this is a perfect chance to enjoy the company of your brother Knight and their wives.

I look forward to this new calendar year and the opportunities it holds. Thank you all for the hard work you have done.

God Bless.

Charles Slaby

Grand Knight
grandknight@kofc11187.com

Chancellor's Corner

Out of charity my brothers, please pray Psalm 130 (De Profundis) or the Eternal Rest prayer for our deceased Brother Knights in Council 11187 who fell asleep in the Lord during the month of January:

† Leon P. Quigley - January 2, 2008

Steven Blevins

Chancellor

Psalm 130: A Song of Ascents.

Out of the depths I call to you, LORD;
Lord, hear my cry!
May your ears be attentive
to my cry for mercy.
If you, LORD, keep account of sins,
Lord, who can stand?
But with you is forgiveness
and so you are revered.
I wait for the LORD,
my soul waits
and I hope for his word.
My soul looks for the Lord
more than sentinels for daybreak.
More than sentinels for daybreak,
let Israel hope in the LORD,
For with the LORD is mercy,
with him is plenteous redemption,
And he will redeem Israel
from all its sins.

KofC Council News
Serving Seton Parish and the Community

Membership Meeting Notes - 10 December 2025

Grand Knight Chuck Slaby called the meeting to order at 7 pm with a prayer and the Pledge of Allegiance.

Roll Call of Officers: Missing were the Chaplain, Chancellor, and Outside Guard, all excused. The Deputy Grand Knight position is open. Ralph Blamer made a motion to approve the minutes from last month's meeting, 2nd by Joe Douglas. Voted upon and passed.

Chaplain Report: Absent, no report.

Membership and Reading of Applications: Welcome to Louis Nkom who became a Knight at the 11/25/25 Exemplification and Clay Johnson, a candidate who introduced himself, sponsored by Mark Faust. George Bartos stated as of 11/30/25 we currently have 297 members, next Exemplification in Church is 1/25/26, currently have 3 new candidates. George read Clay Johnson's application, Ralph Blamer made a motion to accept the applicant as read, 2nd by Joe Douglas, voted and approved. The link is now available to pay dues for 2026 on line, \$XXX for dues and \$XXX Gimme Five optional, will mail statements on 12/15/25 for those not paying on line.

Grand Knight Report: GK Chuck Slaby mentioned the Assembly meeting is tomorrow evening. The third Pancake Breakfast on Sunday, 12/14, is complimentary with free will donation, Santa will be present, and "Keep Christ in Christmas" poster contest for ages 5 to 14 with three groups, Santa will pick the winners. "Consecration of Holy Family" will occur at masses on 12/27-28. Read the thank you email from the American Heritage Girls Troop for our recent donation of \$800 to support their various activities and programs.

Deputy Grand Knight Report: No report.

Treasurer's Report: DJ Murphy emailed the financial report to the officers, program chairs, and those who requested a copy, let him know if there are any questions or if anyone else wants a copy. Everything is up to date, balanced and has been reconciled. Received a note from Jim McQuaide that the Council will receive payment for the first 50 Knights that paid their 2026 dues on line and also \$XXX donations received for the Knights Coat Drive. The Council's General Liability Insurance premium has been paid. Supreme has eliminated semi-annual audits and now only require an annual audit, but he would like to continue having the Trustees conduct a semi-annual for now and plans to send the Trustees the information to conduct their semi-annual audit.

Financial Secretary Report: George Bartos emailed the Officers and Director the December State Council Newsletter and Diocese Chapter November notes, if anyone else would like a copy, let him know. State Convention is 5/22-24/26 in Columbus, if interested in attending let GK Chuck Slaby or George know, if interested in helping, contact Treasurer Chris Sarka at 614.546.6357 or c_sarka@hotmail.com. Received a check from State for \$279.40 as reimbursement for Bob Coholich travel expenses for attending the 2025 State Convention. Council picture will be taken at 11:15 am on 12/14/25 for the Council Christmas card. Plans to email the Fraternal Survey form that Knights need to complete and return to him with their volunteer hours listed.

Chancellor Report: Absent, no report.

Advocate Report: Frank Hare, no report.

Warden Report: Werner Christian would like a list of names as he gets prepared for the Cash Bonanza raffle.

Trustees Report: Jesus Garcia, no report.

Programs and Committees

Program Director: Bob Coholich, no report.

Community Report: Wayne Patterson, no report.

Faith Director: Thom Laughery mentioned that John Samborsky and Mike Gohr are both in the hospital, please keep both in your prayers.

Report of the Fourth Degree: Faithful Navigator Joe Douglas mentioned that 56 Knights and ladies attended the Memorial Service to honor our deceased Sir Knights on 11/19/25. The Assembly Christmas dinner & party is 12/11/25 at St. Pius X Msgr. Funk Center. The Memorial Stone has been updated.

Family Report: Absent, no report.

Youth Director: Jay Oconer, no report.

Culture of Life Report: Absent, no report.

Public Relations: Chris Heine is in the process of creating a Communication Template for the fiscal year that will be used for announcements in the Seton bulletin, flock notes and website.

Coat Drive: Dick Petersen thanked everyone for their support as another successful Coat Drive has been completed.

Portsmouth Food Drive: Dick Petersen mentioned that the Parish goal is \$XXX.

Game Night with the Knights: Next one is scheduled for 1/16/26 in the PAC starting at 7 pm, open to all Seton Parishioners. 20 people attended the last one. Thanks to Andy & Jennifer Reitz for running this event.

Pancake Breakfast: Frank Hare mentioned additional help will be needed for the one on 12/14/25. See George Bartos for the sign-up sheet, more help is needed from 10 am to 1:30 pm.

Fish Fries: Frank Hare mentioned that the first Fish Fry is 2/20/26 with a total of 6 during Lent.

Knights Merchandise: Chris LaRosa stated that anyone interested in obtaining a Knight shirt or hat to contact him at chris.larosa@gmail.com or 614.835.7102 for a full list of options and prices.

Unfinished Business:

MOTION: GK Chuck Slaby on behalf of George Bartos made a motion to donate \$XXX, from the Council Fund, to the Bishop Griffin Resource Center on behalf of the Seton Parish staff in lieu of giving the staff a Christmas basket, 2nd by Wayne Patterson. Officers voted/approved to have further discussion/voting at the December 10th membership meeting. Discussion occurred, voted upon and passed.

MOTION: GK Chuck Slaby on behalf of Jay Oconer made a motion to donate \$XXX, from the Youth Fund, to SPY for their annual Confirmation Retreat which will occur 1/16-18/26, this will support about 5 students to enable them to attend the retreat, 2nd by Joe Douglas. Officers voted/approved to have further discussion/voting at the December 10th membership meeting. Discussion occurred, voted upon and passed.

MOTION: Wayne Patterson made a motion to spend \$XXX, from the Community budget, to purchase three \$XXX gift cards to send along with the remaining 3 Christmas Cards for the Seminarists, 2nd by Jesus Garcia. Officers voted/approved to have further discussion/voting at the December 10th membership meeting. Discussion occurred, voted upon and passed.

MOTION: Thom Laughery made a motion to donate \$XXX, from the Faith Activities budget, for the 2025 Matching Funds Contribution program which is "Growing the Faith through Catholic Education" 2nd by Wayne Patterson. Officers voted/approved to have further discussion/voting at the December 10th membership meeting. Discussion occurred, voted upon and passed.

MOTION: Thom Laughery made a motion to donate \$XXX, from the Faith Activities budget, to the Seton Parish Portsmouth Food Drive, 2nd by Ray Ganem. Officers voted/approved to have further discussion/voting at the December 10th membership meeting. Discussion occurred, voted upon and passed.

MOTION: Jesus Garcia made a motion to spend \$XXX, from the Administrative budget, for renewal of the .org and .com domains for both the Knights Council 11187 & Assembly 2900, \$XXX each, 2nd by Wayne Patterson. Officers voted/approved to have further discussion/voting at the December 10th membership meeting. Jesus Garcia withdrew the motion and tabled it for now.

Bob Coholich is working on the "Scared Heart of Jesus" program with Tim Bowie assisting him, planning a June weekend for this event. Feast day is June 27th.

Dick Petersen has volunteered to lead a committee with Ray Ganem as a consultant to review the results of the Council's SWOT (Strengths, Weaknesses, Opportunities, and Threats) Analysis that occurred on 7/8/25. With the next step is to have the committee pick out the top 5 items in each category to see where the Council is now, where do we want to be and how do we get there. The committee can then make a presentation with their recommendations to the Officers at a business planning meeting and then at a membership meeting as to how to get people involved and a strategy to implement it. Dick is getting his committee together and plans to have their first meeting in mid-January.

New Business: None

Field Agent: Absent, no report.

District Deputy Report: Steve Doyle on behalf of the State Officers wished everyone a Merry Christmas. Needs the names of the 4 Knights that are required to be trained in "Protecting God's Children".

Brothers in Need: Mike Gohr, Mark Dudly, Ellen Laughery, Terry Blades, Sandra Blamer, Maureen Patterson, Cathy Patterson, McKinsey Johnson, Franzisca Christian, Gertraud Christian, Nancymary Tierney, Sharon Coholich, Owen Coholich, Sandra Schalten Brand, Soul of Peter Donnellon, Clark Williams, All Service Members, Dorothy Guggenbiller, Fred Williams, Barbara Douglas, John Samborsky, Jeffrey Samborsky, John Petersen, Mary Monk, Josh Wagner, Mary Enow, Pamela Ashu, and Carl Maslanka.

Lecturer Report: Dick Petersen talked about his Meditation for December in the Newsletter and using Advent to reflect on where are you going with your life? Advent is also a time to reflect on Memento Mori (Remember Death) a pledge we all made upon entering the Knights. Our life goal should be getting to heaven to be with Christ so we should use Advent to reflect on how are we doing. Dick also spoke about the article in Magnificat magazine by their new editor, Father Philip Nolan and then read the beautiful prayer by Saint John Henry Newman.

SOS Fund: \$XXX was collected this evening for the "Support our Seminarians."

GK Chuck Slaby officially closed the meeting at 7:40 pm with a prayer, everyone was invited to join for a social gathering. Next Business Planning Meeting is scheduled for January 7th at 6:30 pm and Membership Meeting is scheduled for January 14th at 7:00 pm, rosary prayed at 6:30 pm. Both meetings will be held in Herrmann Hall.

Business Meeting Notes - 7 January 2026

Grand Knight Chuck Slaby called the meeting to order at 6:32 pm with a prayer.

Grand Knight Report: GK Chuck Slaby started with a Happy New Year to everyone. We have received two transfers from Our Lady of the Miraculous Medal. We have a busy season upcoming, Pancake Breakfast on 1/11, Euchre Card Knights on 1/16, Free Throw Contest on 1/18, Exemplification on 1/25, last Pancake Breakfast is 2/8, Ash Wednesday is 2/18, and 1st Fish Fry is 2/20. Read a message from our Field Agent, Gregory Dowdell, that beginning January 1, 2026 a dividend increase took effect for eligible participating insurance

policies, for the second year in a row. These dividends can be used to either purchase paid up additions, or place the dividends on deposit and earn additional interest, or receive the dividends in cash, or reduce billed premium, or reduce an existing loan. If you have any questions, please contact Gregory at (740) 406-0041.

Deputy Grand Knight Report: Open, no report.

Chaplain Report: Father Leo shared that 3,000 people attended the 5 masses for Christmas. Our Lady of the Miraculous Medal closing is still in the process of being appealed.

Treasurer's Report: DJ Murphy emailed the financial report to the officers, program chairs, and those who requested a copy, email him back if there are any questions or if anyone else wants a copy. Everything has been reconciled. Supreme has eliminated semi-annual audits and now only require an annual audit, but we will continue having the Trustees conduct a semi-annual for now, has closed out the 6-month audit with the Trustees, everything balanced, reconciled.

Financial Secretary Report: George Bartos reported that he emailed the Officers and Director the January State Council Newsletter and Diocese Chapter December notes, if anyone else would like a copy, let him know. State Convention is 5/22-24/26 in Columbus, if interested in attending let GK Chuck Slaby or George know. If you would like to help out with the event, contact Treasurer Chris Sarka at 614.546.6357 or c_sarka@hotmail.com. Cash Bonanza kick off is 2/15/26. 2026 Membership Cards will be coming out soon. Paid \$XXX on 1/5/26 for Supreme Per Capita, down \$XXX from last year. Emailed out the Fraternal Survey Form 1728 to all members, complete your volunteer and other service activities and return to him by 1/25/26.

Chancellor Report: Absent, no report.

Advocate Report: Frank Hare, no report.

Membership Report: George Bartos reported as of 12/32/25 we currently have 298 members, 1 more than last month, transfer in of Joe Cardamone, Ed Sammler and passing of Don Shaffer. Congratulations to Chuck Amos, Rick Humpries, Garry McGovern and Wayne Patterson for achieving Honorary Life in December. Next Exemplification in Church is 1/25/26, currently have 3 new candidates that have been read, but have 51 members that do not have their 3rd degree. St. Pius X Council 5353 will join with some of their candidates. Currently have 11 new members for this FY, quota is 15. Insurance membership has gone up this year.

Warden Report: Werner Christian plans to chair the Cash Bonanza raffle again this year, can use 1 or 2 members to help him.

Trustees Report: Jesus Garcia reported the Trustees have reviewed the 6-month audit.

Programs and Committees

Program Director: Bob Coholich has updated 10 of the required programs for this fraternal year. He asked that members start thinking of names for the "Of the Year Awards" that include Knight, Youth, Family, Clergy, and Lady, which are due on April 1st.

Report of the Fourth Degree: No report.

Community Report: Wayne Patterson plans to meet with Father Leo pertaining to the Knights having a Food Drive for the Pickerington Food Panty, tentative date might be 2/21 & 2/22/26.

Faith/Vocations Report: Thom Laughery indicated that the Knights over the past 4 months have led the rosary in October, recognized Veterans with a ceremony in November, passed out Children activities sheets after masses in December, and will be attending the Clergy Dinner in January. Looking for other ideas that the Knights can offer or participate in pertaining to faith. Considering the Knights participating in the Stations of the Cross during Lent.

Youth Director: Jay Oconer discussed his plan to offer a KofC Council 11187 Academic Scholarship in memory of Al Kluczynski which he had emailed his proposal. It would be to sponsor a graduating high school senior entering collage or a trade school, must be a relative of a K of C member in good standing, the application would be on line, requires an essay, amount of \$XXX from the Youth Budget, deadline May 31st, will need a committee to select the winner.

Culture of Life Report: Absent, no report.

Public Relation: Chris Heine asked for names to give the free tickets to the Women’s and Men’s Conference that the Council received for being a sponsor. The Council’s Fish Fries will be promoted in the Pickerington magazine for both February and March.

Pancake Breakfast: Frank Hare mentioned that additional help will be needed at the 1/11/26 Pancake Breakfast, especially after the 11:30 mass and closing.

Fish Fries: Frank Hare is reviewing prices for the upcoming Fish Fries, cost for fish is going up \$XXX a pound, an additional \$XXX cost, so a discussion occurred around what prices should be charged this year. Last year for dine-in was \$XXX for fish, \$XXX for salmon and carryout was \$XXX for fish and \$XXX for salmon, the committee will review the pricing and report at the Membership meeting. Last year served 5,000 customers and had a bottom line of \$XXX.

Coat Drive: Dick Petersen stated they are now shopping for coats for this fall.

Game Night (Euchre) with the Knights: Next one is 1/16/26 at 7 pm in the PAC, open to all Seton Parishioners. Snacks and beverages are provided. Thanks to Andy & Jennifer Reitz for running this event.

Free Throw Contest: Will be held on 1/14 & 15/26 at St, Pius X school from 8 am to 11:30 pm and then 11:30 pm to 3 pm. Seton’s will be on 1/18/26 in the PAC from 2 to 4 pm. Joey Feck will need help, contact him at 614.316.1591 or jjfeck@gmail.com.

District Deputy Report: Absent, no report.

Field Agent: Absent, no report.

Unfinished Business:

Bob Coholich and Tim Bowie are meeting 1/10/26 to discuss the “Scared Heart of Jesus” program planning a June weekend for this event.

Dick Petersen has volunteered to lead a committee with Ray Ganem as a consultant to review the results of the Council’s SWOT (Strengths, Weaknesses, Opportunities, and Threats) Analysis that occurred on 7/8/25. Had their first meeting this evening with good input, plans to report in more detail next month.

New Business:

MOTION: Jesus Garcia made a motion to spend \$XXX, from the Administrative budget, for a 2-year renewal of the .org domain for both the Knights Council 11187 & Assembly 2900, split the cost, 2nd by Ray Ganem. Officers voted/approved to have further discussion/voting at the January 14th membership meeting.

MOTION: Thom Laughery made a motion per the request from Father Sunder to donate \$XXX, from the Faith Activities budget, to support 35 Catechists associated with Father Vara Prasad M., Director of Pastoral Center in Kadapa, India, 2nd by Wayne Patterson. Officers voted/approved to have further discussion/voting at the January 14th membership meeting.

MOTION: Jay Oconer made a motion to offer a \$XXX Knights of Columbus Council 11187 Academic Scholarship for 2026-2027 school year, from the Youth Fund, 2nd by Dan M. Murphy. Officers voted/approved to have further discussion/voting at the January 14th

membership meeting.

Other Comments:

Wayne Patterson thanked everyone for their prayers for his daughter, Cathy, she is doing good and was able to serve Sunday evening mass once again.

Grand Knight Chuck Slaby closed the meeting at 7:58 pm with Father Leo leading us in prayer. Membership Meeting in Herrmann Hall is scheduled for January 14th at 7 pm, rosary will be prayed at 6:30 pm.

Vince Pulles,

Recorder

Upcoming Events:

Through our sponsorship to the Columbus Catholic (CC) Women's and Men's Conferences, the Knights of Columbus Seton Parish Council 11187 has a few tickets for parishioners who have an interest in attending one of the conferences. The CC Women's Conference is scheduled for February 21, 2026 at the Ohio Expo Center and the Catholic Men's Conference is scheduled for February 28, 2026 also at the Ohio Expo Center. If you have an interest, please contact Chris Heine, PR and Communications KofC Council 11187 via email at chrisheine83@gmail.com. We only have a few tickets available.

The Knights are again looking forward to serving fish meals to the parish and community each Friday during Lent from 4:30pm - 7:00pm. A variety of options are available including; fried and baked fish, salmon, sides, desserts and drinks. As always, sit-down and take-out service is available. Knights, please look for information to help with the transition of the PAC kitchen for Fish Frys. Frank Hare always brings a variety of donuts to the working session. All Knights are welcome.

Upcoming Activities:

January 18 - Knights of Columbus free throw contest for children ages 9-14 in the PAC starting promptly at 2pm.

January 21 - Assembly Meeting in the PAC beginning at 6:45pm.

January 25 - 1st-3rd Degree Exemplification after the 11:30am mass in the sanctuary followed by fellowship in Hermann Hall.

If you are interested in joining the Knights of Columbus or finding out more about them, look for a Knight (wearing a blue KofC shirt) or send an email to membership@kofc11187.com.

Thanks,

Chris Heine

Public Relations

**SUPER DELUXE
PANCAKE BREAKFAST**

2026
11 January
08 February



Meditation for January 2026

Reflection for January

At the onset of every new year, we see an onslaught of commercials for buying in to self-help for weight loss, physical improvement, gym equipment and memberships, personal development in business and educational acumens, yoga, mindfulness, etc... Our faith however directs us that the most important aspect of our life is to daily grow closer to God and become more intimate with Him in our daily lives. Instead of turning to worldly mentors maybe it's a year to turn to the spiritual masters to improve your relationship with God, yourself and others. Instead of making a resolution that you will give up on quitters day (January 9th 2026), why not try to follow one of these methods of prayer and devotion:

The *Spiritual Exercises of St. Ignatius* is a structured, month-long (or adapted) program designed to help a person grow in spiritual freedom, deepen their relationship with God, and make clear, grounded life decisions. It's not a book to read so much as a **set of guided practices**: meditations, prayers, imaginative contemplation, and daily reflections.

A 33-Day Preparation for Total Consecration to Jesus through Mary - St. Louis de Montfort (1673–1716) developed a powerful spiritual method designed to help Christians give themselves entirely to Jesus Christ **through the hands of Mary**. His approach is laid out in his classic work *True Devotion to Mary*. The “exercises” are not a single book but a **33-day program** of prayer, reflection, and interior purification.

Use the Hallow app to access daily prayers and rosaries, faith challenges for the seasons of the church year. **Consecrations to the Sacred Heart, Mary and St. Joseph**

Pray the *Breviary/Laudate app* or subscribe and pray the daily prayers in the *Magnificat* or *The Word Among Us*.

Improve one of the **7 gifts** given to you by the Holy Spirit. A new year's resolution doesn't have to be doing something to improve our physical self. It can be an opportunity to grow closer to our Lord and strengthen our resolve to follow His example through the guidance of the Holy Spirit.

Try saying the Veni Creator Spiritus prayer daily to invoke the help of the Holy Spirit in you life. Veni Creator Spiritus is a poetic prayer that asks for the Holy Spirit to come upon our lives. We ask for His blessings and guidance that we may not fall astray from His paths. This poem is also included in the 33-day method of prayer and meditation suggested by St. Louise de Montfort. The method is called “Total Consecration to Jesus through Mary”. But even if you're not a practitioner of this method, the faithful may also say this at the beginning of any deep prayer to venerate the Holy Spirit

Veni Creator Spiritus

*Come, O Creator Spirit blest!
And in our souls take up Thy rest;
Come with Thy grace and heavenly aid,
To fill the hearts which Thou hast made.*

*Great Paraclete! To Thee we cry,
O highest gift of God most high!
O font of life! O fire of love!
And sweet anointing from above.*

*Thou in Thy sevenfold gifts are known,
The finger of God's hand we own;
The promise of the Father, Thou!
Who dost the tongue with power endow.*

*Kindle our senses from above,
And make our hearts o'erflow with love;
With patience firm and virtue high*

The weakness of our flesh supply.

*Far from us drive the foe we dread,
And grant us Thy true peace instead;
So shall we not, with Thee for guide,
Turn from the path of life aside.*

*Oh, may Thy grace on us bestow
The Father and the Son to know,
And Thee, through endless times confessed,
Of both, the eternal Spirit blest.*

*All glory while the ages run
Be to the Father and the Son
Who rose from death; the same to Thee,
O Holy Spirit, eternally. Amen.*

Whatever you choose – May your 2026 be prayerful, joyful and closer to our Lord.

Richard Petersen, PGK

Lecturer

Health Corner - January 2026

Healthy Snack Choices from Ancient Israel

Many of us make resolutions each New Year. For those of us who choose “Eating more healthy foods” as a New Year's Resolution, here are some healthy snack food suggestions for you per the New and Old Testaments:

- 1) Olives - According to *The Biblical Nutritionist*, olives are mentioned over 140 times in the books of the Bible. Olives have properties which can lower bad cholesterol, strengthen the body's cell membranes, and supply the body with antioxidants, like Vitamin E .
- 2) Honey - John the Baptist's diet was very minimal but sustained him in the Judean wilderness. Honey (with locusts) was one of the staples of his diet according to the Gospels of Matthew and Mark. Healthline indicates that honey is a great source of antioxidants and may help with reducing the effects of a cold virus (cough suppression or throat irritation), and even has antibacterial properties.
- 3) Figs and dates - Remember the fig tree that Jesus cursed in the Bible? Well figs and dates are actually blessed with an abundance of health benefits for our bodies. According to Healthline, both are great sources of potassium, magnesium, and fiber. Figs contain more calcium than dates, while dates have more sugar than figs, however are lower in fat.

Whatever you eat during this new year, just remember...Everything in Moderation!

Praying for you Brothers for a healthy new year for you and your families!

Sources:

Matthew Garcia

- 1) The Biblical Nutritionist
<https://thebiblicalthnutritionist.com/food-in-the-bible/>
- 2) Healthline
https://www.healthline.com/nutrition/benefits-of-honey#TOC_TITLE_HDR_9
- 3) Healthline
<https://www.healthline.com/nutrition/fig-vs-date#bottom-line>



2026 FISH FRIES



St. Elizabeth Ann Seton Parish Activity Center 600 Hill Road North,

February 20, 27 and March 06, 13, 20, 27

4:30 to 7:00 pm (or until the fish is gone!)

DINE IN

- ❖ **Our Secret Recipe Baked or Batter Dipped Fish**
- ❖ **Seasoned and Baked Salmon**
- ❖ **Cheesy Macaroni & Cheese**

Dine in dinners include:

- **Specialty Potatoes or Rice, and Vegetable**
- **Cole Slaw and Applesauce**
- **Desserts and Beverages**



The Seton Knights thank you for your patronage.
Your support helps us continue out many efforts
to the church and community



You Must Try This Fish!

CARRYOUT

- ❖ **Baked or Fried Fish**
- ❖ **Baked Salmon**
- ❖ **Macaroni & Cheese**

To go dinners only include:

- **Macaroni & Cheese**
- **Cole Slaw and Applesauce**
- **Tartar Sauce**

News Bits

From the Council:

The 2025 dues collection will soon be underway. We will start with online collection beginning in November. Please watch your email for details. Please consider paying online before December 14th to save the Council the printing and postage costs of mailing a paper statement.

Happy Birthday - January

- | | |
|-------------------|--------------------|
| Timothy Bowie | Russell Huff |
| Thomas Brennan | Trevor Knapp |
| Edward Chinnock | Howard Lockhart |
| Robert Cottrill | Stephen Malott |
| Robert Dominguez | Dave McAllister |
| Shawn Ellis | Devonte McKee |
| Frederick English | Andrew Reitz |
| Joseph Feck | Richard Schlachter |
| Dustin Goodchild | Anthony Sheck |
| Michael Gromofsky | Phillip Siedlecki |

For more information on Pro-Life Activities

Email us at prolife@usccb.org
Pro-Life Activities
3211 4th Street, N.E.,
Washington DC 20017-1194
(202) 541-3000

2025/2026 Council 11187 Calendar

July

02 Business Meeting - 6:30
 05 Rosary EC - 8:00 AM
 06 Knight's Mass
 09 Membership Meeting - 7:00
 16 Assembly Meeting - 6:45
 30 Business Meeting - 6:30

04 Independence Day

27 Exemplification Sanctuary/HH

October

01 Business Meeting - 6:30
 04 Rosary EC - 8:00 AM
 05 Knight's Mass
 08 Membership Meeting - 7:00
 15 Assembly Meeting - 6:45

12 Council Anniversary

13 Columbus Day

12 1st Pancake Breakfast

25 Family Fun Festival

January 2026

03 Rosary EC - 8:00 AM
 04 Knight's Mass
 07 Business Meeting - 6:30
 14 Membership Meeting - 7:00
 21 Assembly Meeting - 6:45

01 New Year's Day

19 MLK Birthday

11 4th Pancake Breakfast

16* Card Knights PAC 7-11

18 Free Throw Contest PAC 2-4pm

25 Exemplification Sanctuary/HH

April

04 Rosary EC - 8:00 AM
 05 Knight's Mass
 08 Membership Meeting - 7:00
 15 Assembly Meeting - 6:45

15 Tax Day

29-04 Holy Week

5 Easter

18 Blue Coats Dinner (PAC)

17 Card Knights PAC 7-10

26 Exemplification Sanctuary/HH

* Herrmann Hall

August

02 Rosary EC - 8:00 AM
 03 Knight's Mass
 06 Membership Meeting - 7:00
 20 Assembly Meeting - 6:45

School Starts

10-15 Festival Final Prep

15-17 Seton Festival

17 Car Show

30 Seton Open

November

02 Knight's Mass
 05 Business Meeting - 6:30
 08 Rosary EC - 8:00 AM
 12 Membership Meeting - 7:00
 19 Assembly Meeting - 6:45

04 Election Day

11 Veterans Day

28 Thanksgiving

14* Card Knights PAC 7-11

9 2nd Pancake Breakfast

23 Exemplification Sanctuary/HH

February

01 Knight's Mass
 04 Business Meeting - 6:30
 07 Rosary EC - 8:00 AM
 11 Membership Meeting - 7:00 PAC
 25 Assembly Meeting - 6:45

14 Valentine's Day

16 President's Day

18 Ash Wednesday

08 5th Pancake Breakfast

20 1st Fish Fry

27 2nd Fish Fry

May

02 Rosary EC - 8:00 AM
 03 Knight's Mass
 06 Business Meeting - 6:30
 13 Membership Meeting - 7:00 PAC
 20 Assembly Meeting - 6:45

10 Mother's Day

25 Memorial Day

16 Wives' Appreciation Dinner

September

03 Business Meeting - 6:30
 06 Rosary EC - 8:00 AM
 07 Knight's Mass
 10 Membership Meeting - 7:00
 17 Assembly Meeting - 6:45

01 Labor Day

19 Card Knights PAC 7-11

December

03 Business Meeting - 6:30
 06 Rosary EC - 8:00 AM
 07 Knight's Mass
 10 Membership Meeting - 7:00
 11 Assembly Meeting - 6:45

24 Christmas Eve

31 New Year's Eve

25 Christmas Day

**14 3rd Pancake Breakfast (Santa)
 KCiC Poster Contest**

27-28 Consecration of Holy Family

March

01 Knight's Mass
 04 Business Meeting - 6:30
 07 Rosary EC - 8:00 AM
 11 Membership Meeting - 7:00
 18 Assembly Meeting - 6:45
 25 Business Meeting - 6:30

17 St Patrick's Day

06 3rd Fish Fry

13 4th Fish Fry

14 St. Patty's Party

20 5th Fish Fry

27 6th Fish Fry

28 Easter Egg Hunt

29 Palm Sunday

June

03 Business Meeting - 6:30
 06 Knight's Mass
 07 Rosary EC - 8:00 AM
 10 Membership Meeting - 7:00
 17 Assembly Meeting - 6:45

14 Flag Day

14 Father's Day

19 Juneteenth

January 2026

03	Rosary EC - 8:00 AM
04	Knight's Mass
07	Business Meeting - 6:30
14	Membership Meeting - 7:00
21	Assembly Meeting - 6:45
01	New Year's Day
19	MLK Birthday
11	4th Pancake Breakfast
16*	Card Knights PAC 7-11
18	Free Throw Contest PAC 2-4pm
25	Exemplification Sanctuary/HH

February 2026

01	Knight's Mass
04	Business Meeting - 6:30
07	Rosary EC - 8:00 AM
11	Membership Meeting - 7:00 PAC
25	Assembly Meeting - 6:45
14	Valentine's Day
16	President's Day
18	Ash Wednesday
08	5th Pancake Breakfast
20	1st Fish Fry
27	2nd Fish Fry

Comments or Articles
 Jesus Garcia
 Phone: (6**) 256 9809
 Email: jvlag3@charter.net



Prospect Card



Join Us

Prayer Corner

Mike Gohr, Mark Dudly, Ellen Laughery, Terry Blades, Sandra Blamer, Maureen Patterson, Cathy Patterson, McKinsey Johnson, Franzisca Christian, Gertraud Christian, Nancymary Tierney, Sharon Coholich, Owen Coholich, Sandra Schalten Brand, Soul of Peter Donnellon, Clark Williams, All Service Members, Dorothy Guggenbiller, Fred Williams, Barbara Douglas, John Samborsky, Jeffrey Samborsky, John Petersen, Mary Monk, Josh Wagner, Mary Enow, Pamela Ashu, and Carl Maslanka. Country of Israel. All the priests and religious, our military, and first responders.



2025/26 Council Officers

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Gregory M. Dowdell	(7**) 406-0041



COLUMBUS CATHOLIC WOMEN'S CONFERENCE



Dear Francis Wilamosky,

The Columbus Catholic Women's Conference invites you to join us for the 2026 conference: *Look to Him and Be Radiant*, to be held on **Saturday, February 21, 2026** at the Ohio Expo Center. Join us for our 18th annual conference and be radiant with the joy of Christ's love for you! This year's conference will keep the same schedule as last year, beginning with our first excellent speaker at 8 AM and closing with Vigil Mass at 4 PM. Join us for a day filled with spiritual graces as we hear from our highly acclaimed speakers and join in adoration and worship together.

We are thrilled to announce our conference speaker lineup:

Columbus Catholic Women's Conference: Mother Natalia, Meg Hunter-Kilmer, Fr. John LoCoco, Sr. Mary Grace, SV, Rachel Muha, Meredith Joy Keller (Music), and Jennifer Rice (Emcee). Visit www.columbuscatholicwomen.com for bios on our speakers.

Catholic Men's Conference (February 28, 2026): Fr. Robert Spitzer and Justin Fatica. Visit www.catholicmensministry.com for more information.

We anticipate the combined conference attendance to exceed 6,000 attendees! *These conferences would not be possible without the generous support of our sponsors, who sustain us.* **We want to thank those who have supported us in the past and ask you to prayerfully consider sponsoring the 2026 Women's and Men's conferences.** Your gifts are vital to keep the registration fees low and to provide scholarships for those with financial need.

As a special thank you for your donation, sponsors will receive complimentary tickets to either conference and a parking pass.* Additionally, all sponsors will have preferred conference seating and significant recognition during both conferences. All gifts are tax-deductible, and you will receive a letter for tax purposes. **To have your name listed in the printed programs, we must receive your donation by January 5, 2026.**

We appreciate your kind consideration and your prayers for the success of the conferences!

In the Light of Christ,
CCWC Co-Directors

Michele Faehnle
Michele Niklaus

sponsorship@columbuscatholicwomen.com

CCWC Sponsorship Team

Erin Neal
Jessica Schmitt
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